

PHILADELPHIA
**DEPARTMENT OF BEHAVIORAL HEALTH
 AND INTELLECTUAL DISABILITY SERVICES**

SCHOOL-BASED SERVICES

The Department of Behavioral Health and Intellectual disAbility Services (DBHIDS), in partnership with the School District of Philadelphia, provides comprehensive prevention, early intervention and behavioral health treatment services through a broad provider network.

Our children's services and supports for schools are grounded in System of Care principles including keeping our children and youth in their own homes, with their own family, in their own community, and in their preferred educational setting. We aim to partner these services and supports with appropriate additional supports in the educational setting to assure the best opportunity for a successful academic experience, high school graduation, and future life opportunity.

To provide school-based services DBHIDS contracts with:

27  providers **in** **250**  schools **within** **44**  zip codes

Prevention Services; 13 providers in 90 schools

Early Intervention Support Services; 8 providers in 10 schools

Student Assistance Programs (SAP); 3 providers in 234 schools

Medical Assistance Treatment Services; 19 providers in 104 schools

• For more information call
 • 1-888-545-2600

PREVENTION AND EARLY SUPPORT SERVICES

available to all youth K-12

Mental Health First Aid (MHFA) is a public education program that teaches the skills needed to identify, understand, and respond to signs of behavioral health challenges or crises. Mental Health First Aid is given until appropriate supports are received. **Youth MHFA** is primarily designed for adults who regularly interact with young people. These trainings are provided to school staff.

School Based Prevention Programs

- **13 agencies** provide services that are designed to enhance protective factors through the introduction of skills
- Topics include substance use education, problem and pathological gambling awareness & education, drug resistance skills, decision making, conflict resolution, Alcohol, Tobacco and other Drugs, (ATOD) education, understanding self and skills for positive peer interaction.
- There are also two agencies that provide special services to pregnant and parenting students in order to assist them holistically with coping skills, time management, and parenting skills while supporting them to complete and further their education

Substance Use Early Intervention (EI)

- 8 providers implement Early Intervention services with families in communities which are particularly vulnerable to substance use and addiction. **Providers cover 7 zip codes, with the input of 25 Philadelphia schools,** family and community settings. Provider services assist youth in recognizing the harmful consequences of high risk substance use and/or addiction. EI providers have assessed 278 individuals and provided 1288 service hours within 10 schools and in community settings.

Student Assistance Programs (SAP)

- The Student Assistance Program is a state-supported school-based intervention program funded by DBHIDS to provide consultation and assessment services to students who are identified by school staff as having barriers to learning which may indicate Mental Health issues or use of alcohol or other drugs.
- An assessment is done at the school site by one of **3 providers** and is followed by a consultation with the student, his/her family, and sometimes school staff to plan next steps. The providers also help educate families on available treatment options and may facilitate referral to treatment services.
- Student assistance programs are assigned geographically by School District Learning Networks.

7,503

Philadelphians have been trained in Youth Mental Health First Aid, including CUA staff, School District staff, school safety officers, and a number of other community members.

30,000

students received Prevention services within 90 schools.

1,661

students received SAP assessment services in FY17 in 234 schools.

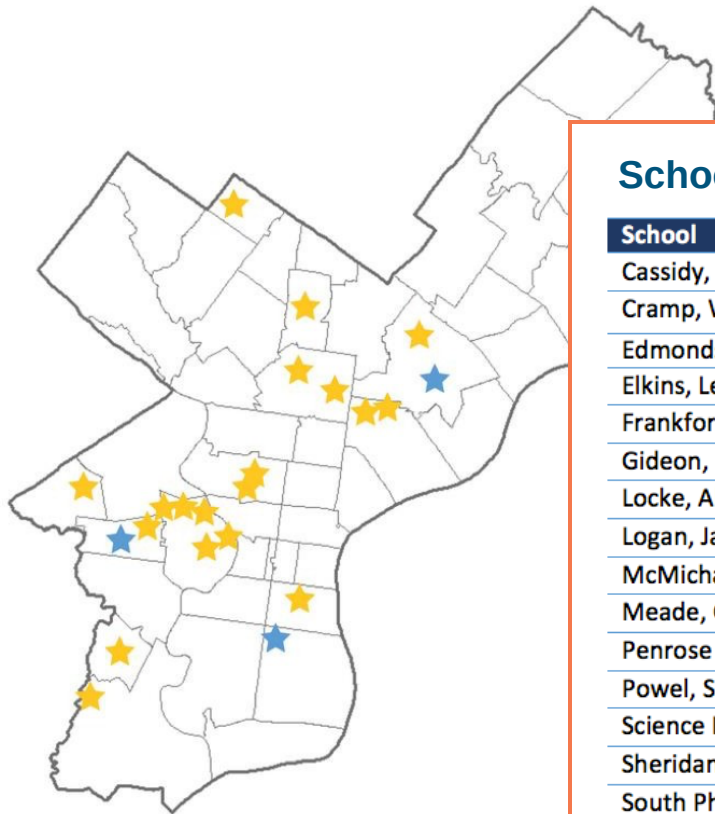


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SUPPORT TEAM FOR EDUCATION PARTNERSHIPS (STEP)

The STEP Project aims to ensure wellness for all youth and families by identifying drivers of behavioral issues early and connecting children and families to appropriate resources to result in reduced missed instructional time and prevent children going into crisis. To reach this goal, **behavioral health support teams who are employed by SDP will be placed in 21 district schools and one charter school**; the team will consist of:

- A Social Worker who can identify and begin to address the needs of youth and families at their onset.
- A School Behavioral Consultant who can provide consultation on school-wide behavioral interventions, classroom management techniques, and behavioral health needs of students.
- A Case Manager who is mobile and able to work with children and families to facilitate connections with social services and/or treatment resources in the community.
- A Family Peer Specialist who is a specially trained caregiver with lived experience supporting students through behavioral health or social services issues that impact academic progress.



School List

School	Grades	Zip code
Cassidy, Lewis C.	K-6	19151
Cramp, William Elementary ⁱⁱ	K-6	19140
Edmonds, Franklin S. ⁱⁱ	K-7	19150
Elkins, Lewis Elementary	K-4	19134
Frankford High	HS	19124
Gideon, Edward ^{ii*}	K-8	19121
Locke, Alain ⁽ⁱ⁾⁽ⁱⁱ⁾	K-8	19139
Logan, James Elementary ⁱⁱ	K-5	19141
McMichael, Morton ⁱ	K-8	19104
Meade, General George C.	K-8	19121
Penrose [*]	K-8	19153
Powel, Samuel Elementary ⁱ	K-4	19104
Science Leadership Academy Middle School ⁱ	5-8	19104
Sheridan, Philip Elementary	K-4	19134
South Philadelphia High ⁱⁱ	HS	19148
Southwark ⁱⁱ	K-8	19148
Stearne, Allen M.	K-8	19124
Steel, Edward T.	K-8	19140
Tilden, William Middle ⁱⁱ	5-8	19142
Washington, Martha ⁱ	K-8	19104
West Philadelphia High ⁱ	HS	19139
Belmont Charter School ⁱ <small>(implementation may differ)</small>	1-8	19104

ⁱ West Philadelphia Promise Neighborhood Schools

ⁱⁱ Mayor’s Office of Education Community Schools

★ High School

SERVICES FOR YOUTH ELIGIBLE FOR MEDICAL ASSISTANCE

SCHOOL THERAPEUTIC SERVICES (STS)

91 schools with on-site school therapeutic service programs

In elementary and middle schools, children identified with behavioral health needs receive therapeutic interventions from a team of behavioral health professionals, who provide treatment to students who have been assigned to the program. The STS team consists of: a Master's prepared Lead Clinician, Group Mobile Therapist, and a Bachelor's prepared Behavioral Health Worker. **STS provides a flexible delivery of services based upon need as determined by an inter-agency meeting and psychiatric/psychological evaluation.**

STS offers individual and group interventions within the context of the regular school day to ensure academics remain the primary focus. STS Clinicians are also expected to engage the family regularly to keep them involved in their child's treatment and for transfer of skills/interventions to the home and community environments.

Treatment is specific to the strengths and needs of the child while also building resources to develop resiliency. For some students more specialized therapies such as social skills, anger management, problem solving, conflict resolution, individual therapy, crisis resolution, and other treatment services, are delivered at least once a week.



4,230 children received STS in FY17

BEHAVIORAL HEALTH REHABILITATION SERVICES (BHRS)

BHRS is a targeted treatment service designed to:

- stabilize youth under the age of 21 in their community,
- support success during various transitions, and
- reintegrate a youth when returning home following more intensive treatment.

The goal is to provide treatment in the least restrictive environment, while maintaining the youth within his or her school and/or community. BHRS service professionals include:

- 1. Behavior Specialist Consultant (BSC) and/or Behavior Specialist Consultant with Autism (BSC-ASD)**
 - master's prepared professional who designs and directs the implementation of an individualized behavior modification intervention plan
- 2. Mobile Therapy (MT)**
 - master's prepared clinician who, by definition, provides intensive therapeutic services to a youth and family in settings other than a provider agency or office
 - settings include the home, school, and/or any other setting conducive to delivering the service
- 3. Therapeutic Staff Support – School (TSS-S) + Therapeutic Staff Support Non-School (TSS-NS)**
 - a bachelor's level professional who provides one-to-one intervention to a youth at school, home, day care, community-based program, and/or community setting where the youth's behavior(s), without this individualized support, might require a more restrictive treatment

6,495 children received BHRS services in FY17



SERVICES FOR YOUTH ELIGIBLE FOR MEDICAL ASSISTANCE

ADDITIONAL IN SCHOOL TREATMENT RESOURCES FOR YOUTH

Therapeutic Emotional Support Classroom (TESC)

- Children identified by the School District of Philadelphia on an Individualized Education Plan (IEP) as needing emotional support are eligible for TESC
- TESC is designed to support the child's academic progress while addressing their individual behavioral health needs
- Children in need of this service are offered **4 TESC classrooms across 3 schools**

High School Treatment Programs

Outpatient Behavioral Health Treatment programs are located in **3 high schools**.

- operates as an outpatient program, specifically for youth in a school setting. Additionally, during the 2016-2017 Academic Year, DBHIDS implemented a pilot for treatment options in **6 area high schools**.
- staffed by Masters level trained clinicians and psychologists.

585 children received outpatient services in high schools in FY17

