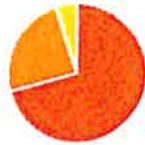


# Smoking Cessation Therapies Benefit Substance Use Disorder Clients



**Smoking tobacco is one of the deadliest forms of addiction.<sup>1,2</sup>**



At minimum, **65% of clients in treatment** for substance use disorders smoke cigarettes.<sup>3</sup>

**Smoking kills more people than**



alcohol, AIDS, car accidents, illegal drugs, homicides, and suicides combined, with thousands more dying from smokeless tobacco use.<sup>4</sup>



People who smoke are **greater risk for com** such as diabetes, high pressure, COPD, and ot

**+** During substance use disorder treatment, therapies that help people quit smoking do not interfere with an individual's recovery.



Studies have shown that as many as **80% of clients** in substance use disorder treatment have **expressed an interest in tobacco cessation.**<sup>5</sup>



**Quitting tobacco** use during drug addiction treatment is linked to a **25% increase in long-term sobriety.**<sup>6</sup>

Research has shown **substance use disorder treatment attendance did not differ** between the groups receiving cessation treatment and those receiving treatment as



In fact, **85% of participants completed the 10-week treatment period** concurrent with smoking cessation

**People in treatment for cocaine dependence may increase their success by participating in smoking cessation therapies.**



Research has shown that participants receiving **smoking cessation therapies demonstrated better outcomes** for drug free days and abstinence.

Smoking cessation therapies provided during substance use disorder treatment were associated with a **25% increased likelihood of long-term abstinence from alcohol and illicit drugs.**<sup>10</sup>



**Incorporate smoking cessation therapies into your substance use disorder treatment programs. You are making a difference.**

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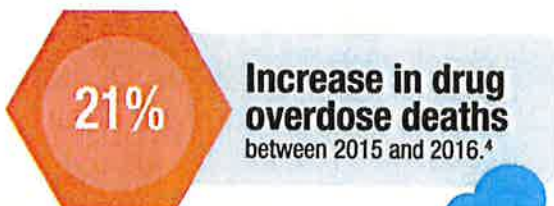
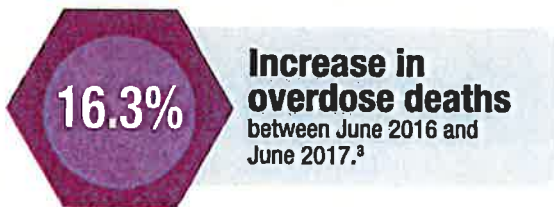
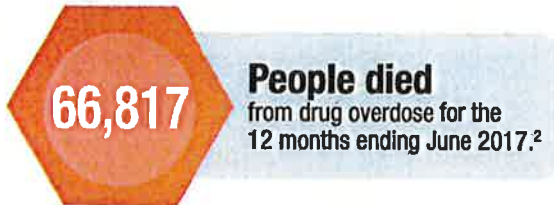




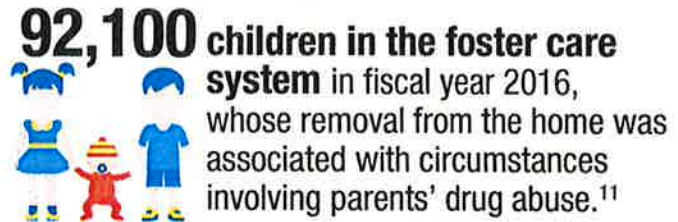
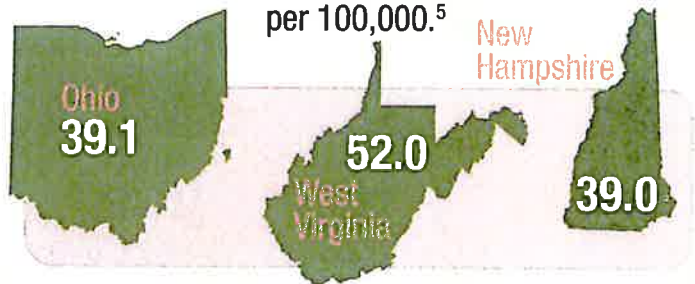
# THE OPIOID CRISIS

## BY THE NUMBERS

### MORTALITIES



Three states with the **highest age-adjusted overdose rates**



The opioid crisis cost **\$504 Billion** in 2015.<sup>6</sup>

**2.8% of GDP**

Percentage of the U.S. Gross Domestic Product associated with the cost of the opioid crisis.<sup>7</sup>

**20% of reduction in the male workforce** is attributed to opioid use.<sup>8</sup>



Sources: <sup>1</sup>Centers for Disease Control and Prevention, NCHS Data Brief No. 294, December 2017 <https://www.cdc.gov/nchs/data/databriefs/db294.pdf>; <sup>2</sup>Centers for Disease Control and Prevention; National Vital Statistics System; Provisional Drug Overdose Death Counts, January 8, 2018 <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>; <sup>3</sup>Centers for Disease Control and Prevention; National Vital Statistics System; Provisional Drug Overdose Death Counts, January 8, 2018 <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>; <sup>4</sup>Centers for Disease Control and Prevention, NCHS Data Brief No. 294, December 2017 <https://www.cdc.gov/nchs/data/databriefs/db294.pdf>; <sup>5</sup>The White House Council of Economic Advisers <https://www.whitehouse.gov/briefings-statements/cea-report-underestimated-cost-opioid-crisis/>; <sup>6</sup>The White House Council of Economic Advisers <https://www.whitehouse.gov/briefings-statements/cea-report-underestimated-cost-opioid-crisis/>; <sup>7</sup>Princeton University [https://www.brookings.edu/wp-content/uploads/2017/09/1\\_krueger.pdf](https://www.brookings.edu/wp-content/uploads/2017/09/1_krueger.pdf); <sup>8</sup>U.S. Department of Health and Human Services, Office of the Surgeon General; Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health; November 2016 <https://addiction.surgeongeneral.gov/surgeon-generals-report.pdf>; <sup>9</sup>National Institute on Drug Abuse; Naloxone for Opioid Overdose: Life-Saving Science, March 2017 <https://www.drugabuse.gov/publications/naloxone-opioid-overdose-life-saving-science/naloxone-opioid-overdose-life-saving-science>; <sup>10</sup>U.S. Department of Health and Human Services' Adoption and Foster Care Analysis and Reporting System, October 20, 2017 <https://www.acf.hhs.gov/sites/default/files/cb/afcarsreport24.pdf>; <sup>11</sup>Center for Behavioral Health Statistics and Quality; 2015 National Survey on Drug Use and Health; Publication No. SMA 16-4984 <http://www.samhsa.gov/data/>



# RECOVERY

# RESILIENSE

# Self-Determination

## FOR CRISIS HELP IN YOUR AREA

- |                                       |                                |              |
|---------------------------------------|--------------------------------|--------------|
| 1. EINSTEIN MEDICAL CENTER            | Germantown Comm. Center        | 215-951-8300 |
| 2. MERCY HOSPITAL                     | 501 S. 54 <sup>th</sup> Street | 215-748-9525 |
| 3. PENNSYLVANIA HOSPITAL (Hall Mercy) | 8 <sup>th</sup> and Locust St. | 215-707-2577 |
| 4. FRIENDS HOSPITAL                   | 4641 Roosevelt Blvd.           | 215-831-2600 |

## Alcohol, other drugs, & Gambling

**CBH MEMBER SERVICES** (Addiction services for Medicaid recipients) **800-273-8255**

**BHSI** (Behavioral Health Special Initiative) addiction services for the uninsured and under-insured **215-546-1200**

*Philadelphia Recovery Community Center offers services that help people deal with their addictions in a safe and supportive community-based environment.*

**Food helpline:** **800-319-3663**

**OUTREACH COORDINATOR \*24/7** **215-232-1984**

**Domestic Violence Hotline** **866-723-3014**

**Congreso de Latinos Unidos (Espanol)** **215-763-8870**

## 24/7Emergency hotlines

**National Suicide Prevention Lifeline** **800-273-8255**

**RED Nacional de Prevencion Suidcidio** **888-628-9454**

**Suicide and Intervention Hotline** **215-686-4420**

**IDS Emergency Hotline (report missing people with intellectual disability)** **215-829-5709**

**Mental Health Crisis Line** **215-685-6440**

**CHILD LINE (Dept. of Human Services)** **215-683-6100**

**Domestic Violence** **866-723-3014**

**Protective Services (adult)(report abuse or neglect)** **877-401-8835**

**VETERANS Crisis Line** **800-273-8255**

**Problem Gamblers Hotline** **800-848-1880**



# BHSI

**Behavioral Health Special Initiative**

**801 Market Street**

**7<sup>th</sup> Floor Suite 7200**

**Philadelphia, Pa 19107**

**215-546-1200**